



# TEACUP NORDIC

Teacup Nordic is pleased to host the OISRA race coming up on Saturday, January 7<sup>th</sup>, 2023 at 10 am. Please extend our welcome to all coaches, volunteers and athletes planning to attend. In preparation, this letter is intended to summarize key details so as to ensure all parties involved are on the same page.

- The race will start at 10:00 AM. To facilitate a shorter overall duration of the event, we ask that two racers start every 20 to 30 seconds, or one every 15 to 20 seconds. Our hope is to have the race finished and trails re-opening for public use prior to 11:30 AM. The groomer will reset our trails thereafter for use by the general public.
- The race is to be an interval start classic technique competition. There will be two “best line” classic tracks set across the 2.25km loop. The trail will be groomed extra-wide to enable easy passing; no tracks will be set down steep hills. It will be a two-lap race for a total distance of 4.5KM.
- The course will start/finish near the cabin and restroom areas. Please see the attached visuals for specifics. Signage will be in place to greet & orient teams as they arrive.
- The course will be marked by the venue the morning of the race. It will be open for inspection, wax testing & warm-up by approximately 9:00 AM.
- The Chief of Course will be provided by the venue. This race is not planned to be a USSA registered race. However, a similar function will be provided by Noel Johnson, a USSA TD. In the same spirit; a quick coach huddle-up is requested to occur around 9 to 9:15 am so we can review safety or any other elements prior to the race.
- Ski patrol will be requested to provide extra coverage during the time of your event. However, we ask that you also endeavor to provide for safety-related support of the event. We are a “ski at your own risk” venue; Teacup Nordic assumes no liability for incidents related to this event. If, as the organizer, you have safety concerns, please notify either Noel Johnson, President or Jason Lemieux, General Manager. Both expect to be “on-site” before, during and after the event.
- Cell phones now work reasonably well at our venue. Snowstorms sometimes degrade the signal and if you don’t have signal, move to higher ground!



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- You will be providing or arranging for race timing, a “PA” system, music, etc. as your event requires. A reminder that our venue has no power; as such, the new battery packs or quiet generators are good alternatives.
- As per historical custom, a \$10 per racer fee will be paid to our nonprofit. This money directly supports our youth learn to ski program!
- Racers are asked to stay outside the cabin. However, if needed for safety or health reasons, the cabin will be open and available and warm.
- We will notify the public of the event via email, our social media accounts and website ahead of the event. We will direct any members of the public to utilize the Meadow trail for access to the trail system prior and during this event. We will provide trailside signage to this effect during race morning.
- We will provide signage at the sno-park to encourage the uppermost parking area be left open for use by team wax / equipment vans.
- Volunteers willing to monitor trail intersections will be helpful; we ask that you endeavor to enlist persons and let Chief of Course, Noel Johnson, know who they are by email ahead of time so they can know where to be and what to do.
- As we now have four toilets, we suggest no additional porta-potties need be rented. However, if more toilets are desired, they can be located at the sno-park trailhead for ease of drop-off/pick-up by Bishop’s. Please let us know what you prefer so we can plan for a spot they can be dropped off at the side of the sno-park.
- Spectators are welcomed! If on skis and using the trails before or after, we ask they honor our per person trail day pass (\$20) or season pass (\$150). If they are on foot, we ask that they stay in the cabin area to cheer and do not venture out on trails.

Thank you again for all that you and your collaborators do to get kids outside, enjoying nature, being healthy and challenging themselves through the wonderful sport of cross-country skiing!

**Noel Johnson**  
President  
503.290.4095 (cell)

**Jason Lemieux**  
General Manager  
541.490.2440 (cell)



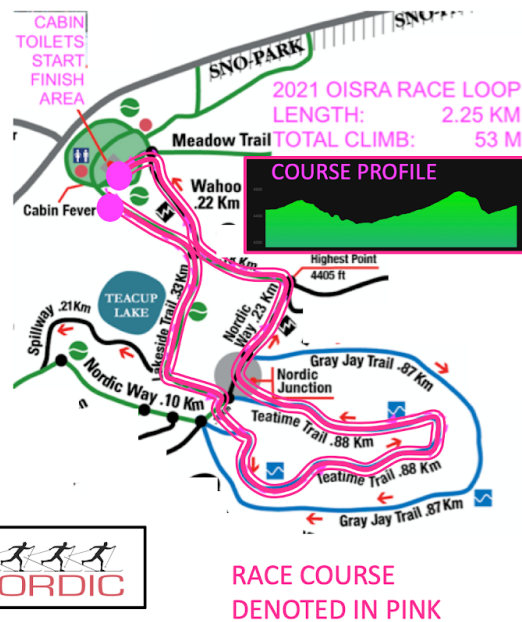
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## STADIUM LAYOUT



## WELCOME RACERS!

HIGH SCHOOL INVITE  
SATURDAY FROM 10:00A TO 11:30A



### About Teacup Nordic

Teacup Nordic is the primary venue and programs provider for the Nordic skiing community of Portland Metro & Hood River County areas. Since 1979, Teacup has been a community-supported non-profit offering 20+ Km of expertly-groomed trails over a 6 month+ season. With plentiful snow, breathtaking views and a moderate 4,000' elevation, we work in service of our region's 2.5 million persons.

We are a community funded non-profit. Instead of government funding or a few large donors, our entire business model depends on the collective community to all pay their share. We have many goals, including: creating quality, reliable venue conditions and programs, promoting appreciation for and enjoyment of healthy, athletic lifestyles, creating opportunities for junior skiers to learn the valuable lessons afforded by higher level competition, and fostering a welcoming, supportive Mt. Hood Nordic community.

For more information, please check out our website: [www.teacupnordic.org](http://www.teacupnordic.org)