

2023 Fall Meeting Minutes Northern League & Mt Hood League

Attending: Summit — JD, Gene H, Kryste R Corvallis - Suzanne M HRV - Eric W
RDM - John C, Ken R, David S Bend - Kendra M Sisters - Tiffany T

1.) Reviewed season schedule and Operational Plans. See Appendix.

2.) Volunteers & Leadership 23/24 & Beyond

- a. Proportional Adult Investment By Teams
- b. Timing Crews & Training
- c. Volunteer Coordinator Needed
- d. Summit will get Bib Organizer

-> Additional mention that Summit will request/require that at least one parent from every family signs up as a volunteer as part of registration process.

3.) Misc.

-> Race Sponsors (Signal Ventures, Sporthill, reviewed finding additional sponsors)

-> Meissner Race Trail Work — October 28

-> Meissner request: move groups to Currant Way opening & USFS decision delay on Swampy beginner (need support!)

-> Bend Park & Rec survey (coming weeks) — mention support for in-town grooming at Skyline Park, etc. when snow falls.

-> Other items: Additional public races at Mt Hood, Mt Bachelor

OISRA Nordic 2023/2024

Northern League & joint Mt Hood League Schedule/Ops Plan

Monday, November 13 — Official OISRA Nordic Practices begin

December 13 (Wednesday) NL classic @ Meissner (back-up of Mt Bachelor asked)

Host: *Redmond Community Team*

3pm start time, 4-5km course, 15sec intervals, boys/girls mixed seeding (fastest first)

Timing crew: NL-Bend area volunteers or SL or combo test crew???

January 6 (Saturday) NL/MHL joint race classic @ Teacup

Host: *SMA*

10am start time, 5km course, 15sec intervals, for 2023 boys started first (fastest 1st)

—>> Question: Mixed seeding for 2024???

Timing crew: Mt Hood League crew? With NL volunteers added?

January 15 (MLK Monday Evening) NL + Corvallis skate sprint @ Hoodoo

Hosts: *Tri-hosts (Corvallis, Sisters, Summit)*

Corvallis (start list/results + food) — Sisters (volunteers) — Summit (course, organizing)

5:45pm start time, 1km course, 3 pre-assigned sprint rounds, points determine placing

—>> New!!! Heat starts using 3min spacing with 5-10mins pause between rounds.

Start/Finish (no timing needed): All teams contribute volunteers.

January 20 (Saturday) XC Oregon Invite skate @ Mt Bachelor

Hosts: *XC Oregon & All Leagues/Teams*

Southern League (timing/stadium) — XC Oregon (organizing) — all teams (volunteers)

11am start time, 4-5km course, 20sec intervals, mixed boys/girls seeding (fastest 1st)

Timing crew: Southern League with NL volunteers?

February 10 (Saturday) NL/MHL joint race Skiathlon Relay @ Meadows

Host: *HRV*

10am start time, 2 skier, 2 leg (CL&FS each) relay on 2.5km loop, boys/girls/coed

Timing crew: Mt Hood League crew? With NL volunteers added?

February 23-24 (Fri-Sat) OISRA State Championships @ Mt Bachelor

Host: *All teams*

OSAA spring sports officially start Monday, February 26