



ASHLAND HIGH SCHOOL NORDIC SKI TEAM

INFORMATION SHEET 2024/2025

All team members must get academic clearance from the AHS athletic department.

TEAM FEES: \$300.00

- OISRA online registration fee \$45
- Team fee \$255

FEES INCLUDE:

- Club Insurance
- Team Uniform
- Supervised Dryland Training
- Nordic Ski Instruction
- Transportation To Races
- Participation In OISRA Ski Race Association
- Race Day Trail Passes
- Overnight Lodging At Away Meets
- State Championship Race Fees

ALL STUDENTS MUST PROVIDE THEIR OWN EQUIPMENT.

- Ski Rental Equipment Is Available Through the Team. \$100.00 Per Season Includes Both Classic and Skate Gear.
- Equipment May Be Purchased Locally at SOU Ski Swap or Rogue Ski Shop.

TEAM COACHING STAFF:

HEAD COACH	Pete Reinhardt	541.205.2138	rgpete55@gmail.com
ASSISTANT COACH	Dan Thorndike	541.944.0453	biciloco@medfab.com
ASSISTANT COACH	Anne Carter	218.741.6270	anneschoenlecarter@icloud.com
TEAM PARENT REPRESENTATIVE	vacant		

AHS ATHLETIC DIRECTOR: Francisco Lopez-Apanes 541.482.2811 ex. 2108 or ex 2121

AHS ATHLETIC OFFICE: Ashley Caughell 541.482.2377

RACE MEET SCHEDULE:

- 12.21.24 & 12.22.24 Rainbow Camp, Meisner / Bend.
- 01.04.25 Diamond Lake Jamboree
- 01.11.25 Diamond Lake skate
- 01.18.25 Meisner classic
- 01.25.25 Mt. Bachelor Invitational (skate)
- 02.01.25 HOODOO Biathlon Race skate
- 02.08.25 Shasta skate
- 02.15.25 Mt Shasta Alumni / Family Day
- 02.21.25 & 02.22.25 Mt Bachelor State Meet

Oregon Interscholastic Ski Race Association Nordic, web page oisran.org