



CALDERA NORDIC CLUB

11/07/24

Overview

- OISRAN - Oregon Interscholastic Ski Racing Association Nordic
<https://oisran.org/teams/southern-league/>
- Nordic Skiing/Racing is a Club sport, 100% independent from Bend – La Pine School District
 - Permission from school to ONLY use Caldera Name and Logos
 - School facilities use will include athletic fields and weight room
 - Each School Club is 100% Self supported, financed, managed
 - Caldera will be part of the Southern Nordic League which includes:
 - Mountain View
 - La Pine
 - Eugene
 - Ashland

Caldera Club Details

- Coach Info
 - Brian Dumais
 - bdumais@me.com
 - 206.388.8397
 - Assistant Coaches:
 - Lisa Magenss; Shanon Mara; Cindy Beard; Kelly Simoneau
- Training – 11/13/04 – 2/22/05
 - Weights – Monday @ Caldera. Lead by Team Captains (Coach Brian supervision)
 - Dry Land – Thursdays immediately after school (if no snow)
 - On Snow – Wednesday, Thursday and Saturday AM (3:30 PM Wed/5 PM Thur/9AM Sat)
 - Athletes must provide own transportation to/from on snow training
 - SnoPark Permit required for training at Meissner SP
 - Training will be both at Meissner SP and Mt Bachelor Nordic, depending on conditions
- Estimated Costs
 - OISRAN Registration - \$45
 - Team Costs (Race fees, wax, Meissner Nordic membership (\$30/skier)) - \$125
 - Shasta Trip - Cost TBD, estimate \$50.00
- Equipment Rental Sign Up
 - New skiers, we will coordinate. Cost ranges between \$50-95 (estimate)
- Registration Link:
 - <https://oisran.org/registration/>

Budget/Cost

- Fees:
 - Skier OISRAN individual fee: \$45.00/annual. <https://oisran.org/registration/>
 - Club per skier \$125 (excludes OISRAN registration)
 - Equipment rental: \$30-\$95
 - Total Budget estimate per skier - \$250-315 (depends on equipment rental)
- Budget Estimate:
 - Based on 14 skiers
 - Assumes student athletes provide own transportation (carpooling recommended) to events and on snow practices
 - Assumes NO donations/fund raising
 - Assumes each team member joining Meissiner Nordic @\$30 per athlete. Included in per skier budget. <https://meissnernordic.org/donate/>
 - Assumes NO Bachelor Nordic Pass - \$150/annual (Need to confirm per practice cost for 2024/2025).
- Club Uniforms:
 - Assuming NO new uniforms required this season

Race Schedule (Preliminary)

Date	Event	Notes
Wed. Dec 18, 2024 3:00 PM	Meissner 5K Classic	Classic @ Meissner – Optional, N League race
Sat./Sun. Dec. 21-22, 2024 10:00 am (Estimated time)	Rainbow Camp@ Meissner Classic Sat./Skate & Biathlon Sun.	Start times for training sessions TBD
Sat. Jan. 4, 2025 Noon	Diamond Lake Jamboree - Choice of 5K Skate or 5K Classic (both interval start), or 10K Pursuit	
Sat. Jan. 11, 2025 TBD	Skate- interval start @ Diamond Lake	
Sat. Jan. 18, 2025 11:00 am	TBD - Preferred Option is Meissner - Classic	
Sat. Jan. 25, 2025 11:00 am	XC Oregon Invitational @ Mt. Bachelor Ski Area - Freestyle & Relay - Interval Start	https://xcoregon.org/xc-oregon-hs-invitational
Sat. Feb. 1, 2025 TBD	TBD - Preferred Option is Hoodoo - Biathlon (Skate)	
Sat. Feb. 8, 2025 TBD	Mt. Shasta - Skate	
Fri. Feb. 21, 2025 2 PM	OISRAN State Championships @ Mt. Bachelor Ski Area (Day 1 - Skate)	
Sat. Feb. 22, 2025 9:00 AM	OISRAN State Championships @ Mt. Bachelor Ski Area (Day 2 - Classic + Relay)	

Other

- Fund Raising – ALL skiers will be required to participate in fund raising (SnapRaise!)
- Club Communications – Team uses SportsYou APP
- Club Budget/Finances – Will need to raise significant \$\$ if more uniforms are required